

Uitslag SGOLA veldloop

Ben 07 Dames 1000m Uur:12:22

Hermes Rijwielen - Mortsels

|    |      |                       |    |      |      |
|----|------|-----------------------|----|------|------|
| 1  | 1345 | De Gussem Jutta       | 07 | SPBO | 4'30 |
| 2  | 772  | Hennebel Floor        | 07 | DUFF | 4'39 |
| 3  | 1946 | Craenen Fien          | 07 | LIER | 4'42 |
| 4  | 1981 | Lemmens Rowen         | 07 | AVKA | 4'44 |
| 5  | 773  | Bernaerts Lotte       | 07 | DUFF | 4'47 |
| 6  | 1038 | Thiels Liana          | 07 | ACHL | 4'49 |
| 7  | 1315 | Lumbeeck Sanne        | 07 | BVAC | 4'59 |
| 8  | 1356 | Cant Fenna            | 07 | SGOL | 5'00 |
| 9  | 1701 | Van Looy Irina        | 07 | LIER | 5'02 |
| 10 | 1216 | Tindemans Mila        | 07 | LIER | 5'03 |
| 11 | 1800 | Dupriez Kato          | 07 | DUFF | 5'05 |
| 12 | 1497 | Swinkels Ghislaine**  | 07 | ACBR | 5'09 |
| 13 | 1217 | Vets Sien             | 07 | LIER | 5'17 |
| 14 | 735  | Van Extergem Mare     | 07 | SGOL | 5'23 |
| 15 | 759  | Cerpentier Laïs       | 07 | DUFF | 5'23 |
| 16 | 878  | Aerts Annelin         | 07 | BRAB | 5'25 |
| 17 | 2399 | Ghazaoui Ouiame       | 07 | LYRA | 5'28 |
| 18 | 985  | Sahli Amrien          | 07 | HAKI | 6'13 |
| 19 | 9998 | Callaerts Kajsa       | 08 | AVZK | 7'01 |
| 20 | 1982 | Van Minnebruggen Lore | 07 | AVKA | 7'13 |

Ben 06 Dames 1000m Uur:12:34

Lotus bakeries

|    |      |                           |    |      |      |
|----|------|---------------------------|----|------|------|
| 1  | 1254 | Schoonheydt Nuria         | 06 | ACBR | 4'11 |
| 2  | 1003 | Daniëls Zita              | 06 | ACHL | 4'12 |
| 3  | 1054 | Keuppens Lenka            | 06 | ATAC | 4'24 |
| 4  | 1662 | Van Tiggelen Charlotte    | 06 | AVKA | 4'33 |
| 5  | 905  | Hendrix Nora              | 06 | ABES | 4'33 |
| 6  | 1004 | Van Rooy Tahnée           | 06 | ACHL | 4'35 |
| 7  | 1445 | De Decker Jitske          | 06 | AVKA | 4'36 |
| 8  | 913  | Deloose Amy               | 06 | SPBO | 4'39 |
| 9  | 1007 | Geudens Nore              | 06 | ACHL | 4'41 |
| 10 | 1339 | Schillemans Laura         | 06 | AVKA | 4'44 |
| 11 | 2019 | Mame Takho Wade           | 06 | LYRA | 4'45 |
| 12 | 1357 | Gonzalez Fernandez Noemie | 06 | HAKI | 4'48 |
| 13 | 9999 | Doyen Lien                | 06 | n/a  | 4'49 |
| 14 | 1256 | Van Laer Mirthe           | 06 | ACBR | 4'50 |
| 15 | 1551 | Lefever Lore              | 06 | SGOL | 4'51 |
| 16 | 1661 | Teck Ashley               | 06 | AVKA | 4'52 |
| 17 | 730  | Boeckx Lies               | 06 | SGOL | 4'54 |
| 18 | 775  | Terrones Lotte            | 06 | DUFF | 4'57 |
| 19 | 776  | Terrones Linne            | 06 | DUFF | 4'58 |
| 20 | 1075 | Wouters Sofie             | 06 | ABES | 4'59 |
| 21 | 1578 | Embrechts Lotte           | 06 | ATAC | 5'14 |
| 22 | 1731 | Terriijn Zuna             | 06 | BVAC | 5'19 |
| 23 | 1955 | De Smedt Faye             | 06 | SGOL | 5'46 |

Ben 07 Heren 1000m Uur:12:42

Nidem Dito - Boechnout

|    |      |                          |    |      |      |
|----|------|--------------------------|----|------|------|
| 1  | 8213 | Janssens Alex            | 07 | ABES | 4'26 |
| 2  | 6443 | Sanders Jasper           | 07 | AVZK | 4'27 |
| 3  | 7121 | De Mulder Grim           | 07 | ACBR | 4'30 |
| 4  | 7233 | Van Dorst Stan           | 07 | AVKA | 4'38 |
| 5  | 8140 | Aters Jef                | 07 | ACBR | 4'40 |
| 6  | 6989 | Defontaine Quinten       | 07 | BRAB | 4'41 |
| 7  | 6870 | De Ridder Hidde          | 07 | ACHL | 4'42 |
| 8  | 6793 | De Greef Mats            | 07 | ABES | 4'45 |
| 9  | 7554 | Verschoren Felix         | 07 | LYRA | 4'49 |
| 10 | 6703 | Van de Meulebroecke Finn | 07 | BRAB | 4'53 |
| 11 | 6453 | Morel Brikke             | 07 | SGOL | 4'57 |
| 12 | 7590 | Callaert Jasper          | 07 | AVKA | 4'58 |
| 13 | 7089 | Godefridis Emiel         | 07 | LYRA | 4'59 |
| 14 | 6642 | Aters Arthur             | 06 | BRAB | 5'06 |
| 15 | 6447 | De Herdt Kamil           | 07 | AVZK | 5'06 |
| 16 | 8199 | Bruyneel Tuur            | 07 | DUFF | 5'10 |
| 17 | 6441 | Nys Joachim              | 07 | AVZK | 5'11 |
| 18 | 7088 | Swiggers Boon            | 07 | LYRA | 5'18 |
| 19 | 6495 | Drappier Tibeau          | 07 | DUFF | 5'22 |
| 20 | 7330 | Stoop Matthias           | 07 | AVKA | 5'30 |

Uitslag SGOLA veldloop

|    |      |                         |    |      |      |
|----|------|-------------------------|----|------|------|
| 21 | 7285 | Vandeneede Nick         | 07 | DUFF | 5'36 |
| 22 | 6497 | Van Steenwinckel Lander | 07 | DUFF | 5'36 |
| 23 | 9997 | De Dycker Tibe          | 08 | SGOL | 5'57 |
| 24 | 7208 | Goossens Ethan          | 07 | AVKA | 6'09 |

Ben 06 Heren 1000m Uur:12:50

Brantano / Bloemen en planten Falenopsis

|    |      |                          |    |      |      |
|----|------|--------------------------|----|------|------|
| 1  | 7059 | Vinck Thyas              | 06 | LIER | 4'07 |
| 2  | 7828 | Corbiau Maxime           | 06 | LIER | 4'12 |
| 3  | 6991 | Aouragh Reda             | 06 | BRAB | 4'16 |
| 4  | 7458 | Van Raemdonck Kobe       | 06 | BRAB | 4'18 |
| 5  | 6847 | De Ridder Thiess         | 06 | ACHL | 4'19 |
| 6  | 6492 | Vanhoeck Lennert         | 06 | DUFF | 4'23 |
| 7  | 7212 | Leboda Tibo              | 06 | AVKA | 4'25 |
| 8  | 7914 | Loos Jarne               | 06 | AVKA | 4'26 |
| 9  | 6809 | Volckaerts Senn          | 06 | HAKI | 4'27 |
| 10 | 6926 | Verstrepn Finn           | 06 | HAKI | 4'28 |
| 11 | 7056 | Devriendt Lars           | 06 | LIER | 4'31 |
| 12 | 7829 | Leyssens Lennard         | 06 | LIER | 4'34 |
| 13 | 8173 | Van Ouytsel Jules        | 06 | SGOL | 4'38 |
| 14 | 7231 | Vaerten Mats             | 06 | AVKA | 4'39 |
| 15 | 7994 | Vanvinckenroye Augustijn | 06 | LYRA | 4'39 |
| 16 | 6935 | De Wever Ryan            | 06 | DUFF | 4'43 |
| 17 | 6481 | De Vos Lukas             | 06 | DUFF | 4'51 |
| 18 | 6972 | Bertels Douwe            | 06 | HAKI | 4'54 |
| 19 | 6590 | Willemoons Birger        | 06 | RAM  | 4'55 |
| 20 | 6498 | De Voeght Jitser         | 06 | AVZK | 4'58 |
| 21 | 7214 | Andries Robbie           | 06 | AVKA | 4'59 |
| 22 | 7496 | Van Loon Mathias         | 06 | HAKI | 5'06 |
| 23 | 7425 | De Smedt Yannick         | 06 | AVZK | 5'09 |
| 24 | 7058 | Van De Mieroop Jules     | 06 | LIER | 5'12 |
| 25 | 6631 | Aerts Jesper             | 06 | BRAB | 5'13 |
| 26 | 8139 | Schaerlaeken Jonas       | 06 | ACBR | 5'14 |
| 27 | 7235 | Baerts Matz              | 06 | LIER | 5'26 |
| 28 | 7648 | Luyts Nathan             | 06 | SGOL | 5'30 |
| 29 | 6993 | Lauwers Thomas           | 06 | SGOL | 5'31 |
| 30 | 9996 | Kraen Len                | 06 | Sgol | 6'40 |

Pup 05 Dames 1000m Uur:12:59

Brood en Banket St. Jozef - Boechout

|    |      |                      |    |      |      |
|----|------|----------------------|----|------|------|
| 1  | 4175 | Laureys Zoë          | 05 | DUFF | 3'56 |
| 2  | 5142 | Janssen Kaat         | 05 | ACBR | 4'00 |
| 3  | 4169 | Leloup Olivia        | 05 | DUFF | 4'00 |
| 4  | 5087 | Van Eynde Mila       | 05 | LYRA | 4'14 |
| 5  | 4741 | Mees Jinse           | 05 | ACBR | 4'15 |
| 6  | 4168 | Boonen Louise        | 05 | DUFF | 4'17 |
| 7  | 5351 | Ruys Caro            | 05 | SPBO | 4'26 |
| 8  | 4713 | Min Lena             | 05 | LYRA | 4'34 |
| 9  | 4174 | Schelkens Gynthe     | 05 | DUFF | 4'40 |
| 10 | 4143 | Buts Robin           | 05 | AVZK | 4'41 |
| 11 | 5704 | Verhaegen Marion     | 05 | LYRA | 4'41 |
| 12 | 4368 | Aters Margot         | 05 | BRAB | 4'42 |
| 13 | 4841 | Smets Fleur          | 05 | ACBR | 4'43 |
| 14 | 5086 | Van Eynde Leni       | 05 | LYRA | 4'50 |
| 15 | 4743 | Roels Yana           | 05 | ACBR | 4'50 |
| 16 | 5398 | Delrue Joni          | 05 | AVKA | 4'52 |
| 17 | 5476 | Van den Broeck Lobke | 05 | ABES | 4'53 |
| 18 | 9995 | Snijders Merel       | 05 | N/A  | 4'53 |
| 19 | 4585 | Meuris Ina           | 05 | HAKI | 4'56 |
| 20 | 5705 | Deshommes Laurien    | 05 | LYRA | 5'01 |
| 21 | 4821 | Gehre Sien-Meng      | 05 | AVKA | 5'05 |
| 22 | 5179 | Van Looy Milena      | 05 | LIER | 5'24 |
| 23 | 5055 | Vanderhallen Eveline | 05 | SGOL | 5'31 |
| 24 | 5253 | Lauwers Sarah        | 05 | SGOL | 5'35 |
| 25 | 4170 | Torfs Karlien        | 05 | DUFF | 6'18 |

Pup 04 Dames 1000m Uur:13:04

De groene baksteen-Mortsel

|   |      |                    |    |      |      |
|---|------|--------------------|----|------|------|
| 1 | 5482 | Henderickx Yali    | 04 | LYRA | 3'50 |
| 2 | 4162 | De Dobbelaere Elke | 04 | DUFF | 3'53 |
| 3 | 4480 | Verdonck Lise      | 04 | ACHL | 3'55 |

Uitslag SGOLA veldloop

|    |      |                       |    |      |      |
|----|------|-----------------------|----|------|------|
| 4  | 4531 | Keuppens Jinthe       | 04 | ATAC | 3'58 |
| 5  | 4479 | Geudens Yane          | 04 | ACHL | 4'03 |
| 6  | 4415 | Vanlommel Pauline     | 04 | GEEL | 4'05 |
| 7  | 4102 | Lenaerts Robine       | 04 | ATAC | 4'07 |
| 8  | 4323 | Vanhove Noor          | 04 | ABES | 4'08 |
| 9  | 4624 | De Rijck Lola         | 04 | AVZK | 4'08 |
| 10 | 4582 | Verbergt Caro         | 04 | DUFF | 4'12 |
| 11 | 4483 | Van Den Broeck Marthe | 04 | ACHL | 4'14 |
| 12 | 5481 | Henderickx June       | 04 | LYRA | 4'14 |
| 13 | 5005 | Horrevorst Noor       | 04 | ABES | 4'23 |
| 14 | 4692 | Vinck Yanis           | 04 | LIER | 4'30 |
| 15 | 4166 | Leijssenaar Nienke    | 04 | DUFF | 4'33 |
| 16 | 4188 | Boeckx Saar           | 04 | SGOL | 4'33 |
| 17 | 5469 | Vermeulen Jane        | 04 | LYRA | 4'34 |
| 18 | 5468 | Wouters Imer          | 04 | LYRA | 4'35 |
| 19 | 4811 | Lumbeeck Liese        | 04 | BVAC | 4'38 |
| 20 | 5088 | Verschoren Marieke    | 04 | LYRA | 4'43 |
| 21 | 5124 | Brants Laure          | 04 | SGOL | 4'44 |
| 22 | 4291 | Ajouaou Amra          | 04 | BRAB | 4'46 |
| 23 | 4653 | Declerck Lani         | 04 | BRAB | 4'49 |
| 24 | 4820 | Mampaey Leni          | 04 | AVKA | 5'14 |
| 25 | 5682 | Luyten Erynn          | 04 | ABES | 5'22 |

Pup 05 Heren 1000m Uur:13:10

De pastoor van Vremd - Vremde

|    |      |                      |    |      |      |
|----|------|----------------------|----|------|------|
| 1  | 2208 | Berben Rhune         | 05 | AVKA | 3'59 |
| 2  | 1363 | Domen Oscar          | 05 | BRAB | 4'01 |
| 3  | 2002 | Cant Vic             | 05 | SGOL | 4'02 |
| 4  | 1735 | Van Den Eynde Rune   | 05 | WIBO | 4'04 |
| 5  | 1181 | Bernaerts Timo       | 05 | DUFF | 4'07 |
| 6  | 1441 | Slegers Lander       | 05 | SPBO | 4'08 |
| 7  | 1847 | Balemans Mauro       | 05 | ACBR | 4'15 |
| 8  | 2244 | Eyckmans Joppe       | 05 | ABES | 4'16 |
| 9  | 1828 | Min Lars             | 05 | LYRA | 4'20 |
| 10 | 2442 | Luyts Elias          | 05 | SGOL | 4'21 |
| 11 | 1377 | Latte Jan-willem     | 05 | ABES | 4'22 |
| 12 | 2326 | Geleyn Daan          | 05 | OLSE | 4'23 |
| 13 | 2174 | Segers Rune          | 05 | LIER | 4'23 |
| 14 | 1980 | Jochems Bent         | 05 | AVKA | 4'24 |
| 15 | 1970 | In-'t-Ven Wannes     | 05 | AVKA | 4'28 |
| 16 | 1367 | Peeten Andreas       | 05 | BRAB | 4'30 |
| 17 | 2782 | Raspoet Wout         | 05 | LYRA | 4'32 |
| 18 | 1968 | Bultynck Mats        | 05 | AVKA | 4'34 |
| 19 | 1981 | Vandekerckhove Yoran | 05 | AVKA | 4'38 |
| 20 | 1983 | Poelmans Lander      | 05 | AVKA | 4'42 |
| 21 | 1665 | Michiels Zias        | 05 | DUFF | 4'43 |
| 22 | 2445 | Snaterse Kobe        | 05 | BVAC | 4'52 |
| 23 | 1196 | Van Extergem Lester  | 05 | SGOL | 5'06 |
| 24 | 2618 | Leysen Lander        | 05 | LIER | 5'20 |

Pup 04 Heren 1000m Uur:13:18

Apotheek Augustyns - Mortsel

|    |      |                        |    |      |      |
|----|------|------------------------|----|------|------|
| 1  | 1177 | Leijssenaar Jeroen     | 04 | DUFF | 3'42 |
| 2  | 1190 | Naets Ilan             | 04 | AVZK | 3'46 |
| 3  | 1379 | Hendrix Flor           | 04 | ABES | 3'48 |
| 4  | 2694 | Jacobs Witse           | 04 | LIER | 3'49 |
| 5  | 1118 | Helsen Stef            | 04 | GEEL | 3'50 |
| 6  | 2094 | Van Der Steen Stan     | 04 | GEEL | 3'52 |
| 7  | 1175 | Van den Bulck Yeabsera | 04 | DUFF | 3'53 |
| 8  | 2536 | Costermans Thomas      | 04 | DUFF | 3'54 |
| 9  | 1808 | Stuer Tibo             | 04 | LIER | 3'55 |
| 10 | 2783 | Ceulemans Jitse        | 04 | LYRA | 3'57 |
| 11 | 2077 | Eykens Matteo          | 04 | KAPE | 3'58 |
| 12 | 1339 | Vanlommel Emile        | 04 | BRAB | 4'00 |
| 13 | 2823 | Wuyts Zeno             | 04 | SGOL | 4'03 |
| 14 | 2695 | Craenen Sander         | 04 | LIER | 4'04 |
| 15 | 1868 | Van Den Eede Joppe     | 04 | ACBR | 4'04 |
| 16 | 1295 | Willemoons Karsten     | 04 | RAM  | 4'05 |
| 17 | 1806 | Peeters Owen           | 04 | LIER | 4'09 |
| 18 | 2919 | Devriese Sten          | 04 | BRAB | 4'11 |
| 19 | 1192 | Sanders Milan          | 04 | AVZK | 4'13 |

Uitslag SGOLA veldloop

|    |      |                        |    |      |      |
|----|------|------------------------|----|------|------|
| 20 | 2284 | Vanderhallen Mathias   | 04 | SGOL | 4'15 |
| 21 | 1178 | Van Malderen Dries     | 04 | DUFF | 4'16 |
| 22 | 2722 | Buytaert Abel          | 04 | ABES | 4'20 |
| 23 | 1179 | De Bock Simon          | 04 | DUFF | 4'21 |
| 24 | 1669 | Hulstaert Ferre        | 04 | HAKI | 4'22 |
| 25 | 1393 | Ooms Senne             | 04 | WIBO | 4'22 |
| 26 | 2773 | Adriaensen Arnoud      | 04 | LYRA | 4'23 |
| 27 | 2774 | Maes Xander            | 04 | ABES | 4'25 |
| 28 | 1668 | Casier Ilian           | 04 | HAKI | 4'25 |
| 29 | 2007 | Jacobs Warre           | 04 | HAKI | 4'26 |
| 30 | 1188 | Goris Flor             | 04 | AVZK | 4'34 |
| 31 | 1869 | Van Linden Louis       | 04 | ACBR | 4'37 |
| 32 | 1865 | Paesschierssens Thomas | 04 | ACBR | 4'41 |
| 33 | 1719 | Van Broekhoven Tim     | 04 | DUFF | 4'46 |
| 34 | 2123 | Crauwels Dries         | 04 | AVKA | 4'52 |
| 35 | 2999 | Dierickx Wout          | 04 | SGOL | 5'00 |
| 36 | 2571 | Ooms Ewoud             | 04 | WIBO | 5'55 |

Min 03 Dames 1600m Uur:13:24

Mooj - Boechout / 't Groen appeltje -

|    |      |                       |    |      |      |
|----|------|-----------------------|----|------|------|
| 1  | 7325 | Mariën Manon          | 03 | HULS | 5'20 |
| 2  | 7778 | Gielen Yent'l         | 03 | LYRA | 5'33 |
| 3  | 6963 | Schelkens Lauren      | 03 | AVZK | 5'41 |
| 4  | 7256 | Liefooghe Jo-Anne     | 03 | DUFF | 5'42 |
| 5  | 6951 | Leloup Eloïse         | 03 | DUFF | 5'43 |
| 6  | 8116 | Morren Romee          | 03 | AVZK | 5'46 |
| 7  | 7344 | Mariën Lucca          | 03 | LIER | 5'59 |
| 8  | 8007 | Wouters Mirthe        | 03 | LYRA | 6'03 |
| 9  | 6953 | Bernaerts Esther      | 03 | DUFF | 6'07 |
| 10 | 7972 | Bax Axelle            | 03 | LIER | 6'13 |
| 11 | 7136 | Van Den Neucker Noor  | 03 | ABES | 6'19 |
| 12 | 7056 | Latte Rosemarie       | 03 | ABES | 6'22 |
| 13 | 7137 | De Cauwer Britt       | 03 | ABES | 6'27 |
| 14 | 7629 | Gobbaert Ellen        | 03 | ABES | 6'28 |
| 15 | 9994 | Van Casteren Shayenna | 03 | n/a  | 6'29 |
| 16 | 7343 | Mariën Kyra           | 03 | LIER | 6'31 |
| 17 | 8021 | Van De Velde Hanne    | 03 | LYRA | 6'42 |
| 18 | 7146 | Sahli Lina            | 03 | HAKI | 6'45 |
| 19 | 6965 | Corsmit Britt         | 03 | SGOL | 7'03 |
| 20 | 7946 | Vosters Kaat          | 03 | ATAC | 7'34 |

Min 02 Dames 1600m Uur:13:27

Elektro VV - Boechout - Koningshooikt

|    |      |                    |    |      |      |
|----|------|--------------------|----|------|------|
| 1  | 6945 | Peeters Jetse      | 02 | DUFF | 5'35 |
| 2  | 7345 | Stuer Lotte        | 02 | LIER | 5'39 |
| 3  | 7596 | De Kimpe Xanthe    | 02 | ACHL | 5'42 |
| 4  | 6959 | Milloen Nele       | 02 | AVZK | 5'45 |
| 5  | 6943 | Van den Bulck Hana | 02 | DUFF | 5'47 |
| 6  | 7875 | Sabau Evy          | 02 | AVKA | 5'52 |
| 7  | 7055 | Daems Silke        | 02 | ABES | 5'58 |
| 8  | 6954 | Van Malderen Tine  | 02 | DUFF | 6'04 |
| 9  | 7940 | Le Clerq Chiara    | 02 | LYRA | 6'13 |
| 10 | 7939 | Le Clerq Indy      | 02 | LYRA | 6'16 |
| 11 | 7349 | Vinck Yoni         | 02 | LIER | 6'17 |
| 12 | 8105 | Kosama Eva         | 02 | BVAC | 6'39 |
| 13 | 8101 | Hauters Ulrike     | 02 | BVAC | 6'45 |

Min 03 Heren 1600m Uur:13:33

Bego-Sport - Wommelgem

|    |      |                  |    |      |      |
|----|------|------------------|----|------|------|
| 1  | 5103 | Konteh Noah      | 03 | ACBR | 5'20 |
| 2  | 4704 | Gobert Jan       | 03 | OLSE | 5'22 |
| 3  | 4580 | Derdin Simon     | 03 | AVZK | 5'28 |
| 4  | 5695 | De Maeyer Suus   | 03 | AVKA | 5'29 |
| 5  | 4728 | Hendrix Ward     | 03 | ABES | 5'38 |
| 6  | 5853 | Van Loven Stan   | 03 | LYRA | 5'52 |
| 7  | 5402 | Scheldeman Jonas | 03 | ABES | 5'53 |
| 8  | 5527 | Callaert Vincent | 03 | AVKA | 5'54 |
| 9  | 5697 | Bogaerts Timo    | 03 | LYRA | 5'56 |
| 10 | 5079 | Stroobants Tuur  | 03 | LYRA | 5'57 |
| 11 | 5106 | Seghers Louis    | 03 | ACBR | 5'58 |
| 12 | 4577 | Frans Brent      | 03 | DUFF | 6'12 |

Uitslag SGOLA veldloop

|    |      |                   |    |      |      |
|----|------|-------------------|----|------|------|
| 13 | 5382 | Berben Jomme      | 03 | AVKA | 6'19 |
| 14 | 5217 | Bastah Julian     | 03 | HAKI | 6'21 |
| 15 | 4742 | Reckelbus Killian | 03 | BRAB | 6'22 |
| 16 | 5942 | Vanhoof Mathias   | 03 | SGOL | 6'27 |
| 17 | 4590 | Nuyts Rube        | 03 | SGOL | 6'29 |
| 18 | 5078 | Soens Louis       | 03 | LYRA | 6'30 |
| 19 | 5401 | Eyckmans Fedde    | 03 | ABES | 6'48 |
| 20 | 5710 | Morreel Joppe     | 03 | LIER | 6'55 |
| 21 | 5056 | Min Jari          | 03 | LIER | 7'00 |
| 22 | 5483 | Geleyn Gaetan     | 03 | OLSE | 7'13 |
| 23 | 5197 | Jochems Seppe     | 03 | AVKA | 7'20 |

Min 02 Heren 1600m Uur:13:36

Opel / Reizen Lauwers - Boechout

|    |      |                  |    |      |      |
|----|------|------------------|----|------|------|
| 1  | 4570 | Geyskens Kobe    | 02 | DUFF | 4'55 |
| 2  | 5481 | Vanroy Louis     | 02 | ABES | 4'57 |
| 3  | 4904 | Theeuwes Robbe   | 02 | ACHL | 5'12 |
| 4  | 5375 | De Kimpe Costia  | 02 | ACHL | 5'21 |
| 5  | 5400 | Bicker Jelle     | 02 | ABES | 5'24 |
| 6  | 4737 | Vandermaesen Dag | 02 | BRAB | 5'28 |
| 7  | 4879 | Wijns Sander     | 02 | ACHL | 5'29 |
| 8  | 4547 | Buts Jaan        | 02 | AVZK | 5'36 |
| 9  | 5408 | Snijders Wiebe   | 02 | ABES | 5'42 |
| 10 | 5105 | Suykerbuyk Renzo | 02 | ACBR | 5'48 |
| 11 | 5396 | Gorrebeeck Jimmy | 02 | ZWAT | 6'01 |
| 12 | 5902 | Lauwers Evert    | 02 | ABES | 6'10 |
| 13 | 4957 | Hulstaert Gilles | 02 | HAKI | 6'39 |

Cad 01+00 Dames 2200m Uur:13:39

Broodjeszaak 't Hoekske-Mortsel

|    |      |                      |    |      |       |
|----|------|----------------------|----|------|-------|
| 1  | 897  | Gorrebeeck Robin     | 01 | ZWAT | 8'47  |
| 2  | 1573 | Gurny Helena         | 01 | LYRA | 8'48  |
| 3  | 1288 | Horrevorst Roos      | 01 | ABES | 8'50  |
| 4  | 1603 | Baetens Sara         | 00 | ABES | 8'51  |
| 5  | 840  | Vanhove Kaat         | 01 | ABES | 9'19  |
| 6  | 1335 | Wuyts Kato           | 01 | LYRA | 9'22  |
| 7  | 742  | Leemans Hanna        | 01 | DUFF | 9'36  |
| 8  | 747  | Goris Emma           | 01 | AVZK | 9'38  |
| 9  | 1057 | De Peuter Freya      | 01 | LIER | 10'08 |
| 10 | 1661 | Van De Cloodt Evelyn | 01 | ACBR | 10'10 |
| 11 | 1657 | Luyten Julie         | 01 | LIER | 11'10 |

Cad 01+00 Heren 2800m Uur:13:46

Apotheek Tambeur - Boechout

|   |      |                      |    |      |       |
|---|------|----------------------|----|------|-------|
| 1 | 754  | Van den Schoor Senne | 01 | AVZK | 9'20  |
| 2 | 748  | Duym Niels           | 00 | AVZK | 9'23  |
| 3 | 1026 | De Decker Tijl       | 01 | BRAB | 9'30  |
| 4 | 1429 | Vanluchene Olaf      | 01 | LYRA | 9'38  |
| 5 | 997  | Van Santfoort Elias  | 01 | DUFF | 9'49  |
| 6 | 1033 | Maes Lukas           | 01 | KAPE | 9'51  |
| 7 | 1594 | Jennen Arno          | 01 | LYRA | 10'02 |
| 8 | 1084 | Celen Robbert        | 01 | ACBR | 11'01 |
| 9 | 1519 | Morreel Arne         | 01 | LIER | 11'33 |

Sch 99+98 Dames 2800m Uur:16:00

Madilux - Mortsel / KBC -Boechout

Sch 99+98 Heren 4000m Uur:14:18

Lemcool - Boechout

|   |      |                 |    |      |       |
|---|------|-----------------|----|------|-------|
| 1 | 3046 | Vanluchene Otto | 99 | LYRA | 13'35 |
| 2 | 2832 | Cavents Dries   | 98 | LYRA | 13'44 |
| 3 | 3200 | Gurny Siemen    | 99 | LYRA | 13'47 |

AC Heren 2800m Uur:14:35

Hoeve Liekens-Mortsel/ Bakkerij Ellen

|   |      |                     |     |    |      |      |
|---|------|---------------------|-----|----|------|------|
| 1 | 668  | Sake Nicolai        | Jun | 96 | LYRA | 8'04 |
| 2 | 2775 | Thys Thomas         | Sen | 84 | ACHL | 8'15 |
| 3 | 2543 | Voorbraeck Stijn    | Sen | 89 | LYRA | 8'33 |
| 4 | 2540 | Vets Gert           | Sen | 93 | LYRA | 8'42 |
| 5 | 2228 | Hiele Robin         | Sen | 95 | AVKA | 8'52 |
| 6 | 9991 | Van Eyndhoven Peter | Sen | 93 | n/a  | 8'55 |

Uitslag SGOLA veldloop

|    |      |                   |     |    |      |      |
|----|------|-------------------|-----|----|------|------|
| 7  | 2453 | De Roo Lieven     | Sen | 90 | VAC  | 8'56 |
| 8  | 2048 | Rondas Tom        | Sen | 79 | ABES | 9'00 |
| 9  | 4869 | Van Opstal Jeroen | Mas | 79 | RAM  | 9'03 |
| 10 | 589  | Meeus Wouter      | Jun | 97 | LIER | 9'14 |
| 11 | 3041 | Laerte Kevin      | Sen | 87 | LYRA | 9'32 |
| 12 | 4657 | De Smedt Serge    | Mas | 73 | ATAC | 9'49 |

JSM Dames 4750m Uur:15:11

Apotheek Dehaen Koen-Mortsel / ING Bank

|    |      |                       |     |    |      |       |
|----|------|-----------------------|-----|----|------|-------|
| 1  | 1371 | Boonen Jolien         | Sen | 90 | ACHL | 16'47 |
| 2  | 1606 | Lauwers Sofie         | Sen | 91 | RAM  | 17'00 |
| 3  | 1620 | Kerstens Elly         | Sen | 80 | ESAK | 17'04 |
| 4  | 1451 | Monsecour Liesbeth    | Sen | 84 | HULS | 17'20 |
| 5  | 485  | Godden Elke           | Jun | 96 | ABES | 17'28 |
| 6  | 1375 | Bosch Evelyn          | Sen | 92 | ACHL | 18'10 |
| 7  | 1555 | Claes Lotte           | Sen | 93 | ATAC | 18'15 |
| 8  | 558  | Pinter Eline          | Jun | 96 | AVKA | 18'38 |
| 9  | 1621 | Jacobs Nele           | Sen | 82 | ACHL | 19'08 |
| 10 | 1453 | Vandewalle Evi        | Sen | 84 | HULS | 19'32 |
| 11 | 3096 | Meesters Hilde        | Mas | 61 | WIBO | 19'43 |
| 12 | 3911 | Van Campenhout Veerle | Mas | 75 | ACW  | 19'59 |
| 13 | 1965 | Vermersch Skrolan     | Sen | 92 | SGOL | 20'03 |
| 14 | 1966 | Van de Vijver Pascale | Sen | 90 | ACBR | 20'08 |
| 15 | 9989 | Dermaux Anne          | Mas | 65 | n/a  | 20'11 |
| 16 | 3197 | Vissers Annemie       | Mas | 56 | ACHL | 20'39 |
| 17 | 1967 | Van de Vijver Charis  | Sen | 93 | ACBR | 20'50 |
| 18 | 1362 | Peled Tamar           | Sen | 91 | BVAC | 20'56 |
| 19 | 1404 | Baestaens Nathalie    | Sen | 88 | AVZK | 21'22 |
| 20 | 3342 | Cumps Els             | Mas | 67 | LIER | 21'54 |
| 21 | 1634 | Van Den Daele Johanna | Sen | 92 | AVZK | 22'51 |
| 22 | 3436 | Willems Annick        | Mas | 69 | AVKA | 26'44 |
| 23 | 3429 | Andries Gerda         | Mas | 65 | AVKA | 26'45 |
| 24 | 3834 | Verhoeven Linda       | Mas | 67 | AVKA | 26'45 |
| 25 | 3562 | Raemdonck Annitte     | Mas | 62 | AVZK | 28'15 |

JM Heren 6200m Uur:15:43

Huis De Cuyper - Mortsel / Drankencentra

|    |      |                       |     |    |      |       |
|----|------|-----------------------|-----|----|------|-------|
| 1  | 4734 | Loverie Emmanuël      | Mas | 74 | DUFF | 19'27 |
| 2  | 6366 | Verschoren Bart       | Mas | 77 | DAC  | 19'33 |
| 3  | 6306 | Thys Rob              | Mas | 78 | ABES | 19'38 |
| 4  | 803  | Vanden Berk Hendrik   | Jun | 96 | DALO | 19'40 |
| 5  | 4977 | Hellinx David         | Mas | 68 | WIBO | 19'44 |
| 6  | 5497 | Vets Herman           | Mas | 66 | LIER | 20'15 |
| 7  | 5247 | Lachi Steve           | Mas | 78 | ACHL | 20'30 |
| 8  | 5223 | Jacobs Stijn          | Mas | 77 | ACHL | 21'06 |
| 9  | 4838 | Goormans Corneel      | Mas | 71 | AVZK | 21'11 |
| 10 | 4945 | Theuwissen Joost      | Mas | 72 | ABES | 21'15 |
| 11 | 4754 | Derdin Jos            | Mas | 71 | AVZK | 21'38 |
| 12 | 5203 | Vranken Wim           | Mas | 68 | BVAC | 21'39 |
| 13 | 621  | De Wachter Brent      | Jun | 96 | VAC  | 21'44 |
| 14 | 6484 | Fares Karim**         | Mas | 73 | WIBO | 21'52 |
| 15 | 5879 | Heylen Bart           | Mas | 66 | AVZK | 21'56 |
| 16 | 6580 | Planckaert Jos        | Mas | 79 | AVKA | 22'03 |
| 17 | 9992 | Wuyts Kristoffel      | Mas | 77 | na   | 22'31 |
| 18 | 5653 | Weijts Marco          | Mas | 71 | OLSE | 22'38 |
| 19 | 4747 | Maerten Marco         | Mas | 70 | DUFF | 22'46 |
| 20 | 4866 | Cik Miroslav          | Mas | 66 | SGOL | 22'54 |
| 21 | 4974 | Eysackers Chris       | Mas | 61 | WIBO | 22'58 |
| 22 | 4760 | Naets Ivo             | Mas | 62 | AVZK | 23'07 |
| 23 | 5875 | Groffen Geert         | Mas | 63 | AVKA | 23'15 |
| 24 | 5494 | Van Loo Alfons        | Mas | 60 | LIER | 23'17 |
| 25 | 4965 | Cloostermans Gui      | Mas | 69 | WIBO | 23'29 |
| 26 | 4682 | Hoefkens Chris        | Mas | 66 | AVZK | 23'35 |
| 27 | 5600 | Stremersch Danny      | Mas | 62 | ACHL | 23'43 |
| 28 | 5190 | Van Velthoven Leopold | Mas | 51 | BVAC | 23'44 |
| 29 | 4766 | Van Den Schoor Bart   | Mas | 70 | AVZK | 23'53 |
| 30 | 4763 | Van Lent Jurgen       | Mas | 68 | AVZK | 24'00 |
| 31 | 9993 | Verheyden Walter      | Mas | 63 | n/a  | 24'04 |
| 32 | 5882 | Van Den Daele Antoon  | Mas | 61 | AVZK | 24'09 |
| 33 | 5331 | De Cock Marc          | Mas | 67 | AVZK | 24'25 |
| 34 | 5649 | Van De Vreken Luc     | Mas | 64 | AVKA | 24'54 |

Uitslag SGOLA veldloop

|    |      |                    |     |    |      |       |
|----|------|--------------------|-----|----|------|-------|
| 35 | 6432 | Mortiers Danny     | Mas | 65 | AVKA | 25'41 |
| 36 | 9990 | Vervloet Guido     | Mas | 63 | n/a  | 25'49 |
| 37 | 5432 | Verlinden Walter   | Mas | 64 | HULS | 25'56 |
| 38 | 5285 | Van Der Welk Luc   | Mas | 54 | OLSE | 26'28 |
| 39 | 4748 | Heymans Filip      | Mas | 66 | DUFF | 26'37 |
| 40 | 5244 | Glassee Benny      | Mas | 75 | ACHL | 26'47 |
| 41 | 5886 | Crauwels Gunther   | Mas | 67 | AVKA | 27'18 |
| 42 | 4910 | Moerkerke Luc      | Mas | 66 | BRAB | 27'52 |
| 43 | 5498 | Wuyts Leon         | Mas | 45 | LIER | 33'48 |
| 44 | 6518 | Apiecionek Vicenty | Mas | 48 | ABES | 33'50 |

Sen Heren 9000m Uur:16:06

Alu-Paul - Lier

|   |      |                         |  |    |      |       |
|---|------|-------------------------|--|----|------|-------|
| 1 | 2152 | Nackaerts Kristof       |  | 92 | LYRA | 28'11 |
| 2 | 2089 | Montagna Massimiliano** |  | 87 | BVAC | 28'41 |
| 3 | 2591 | De Cremer Glenn         |  | 95 | AVT  | 29'00 |
| 4 | 9980 | Anour Anass             |  | 93 | OLSE | 29'44 |
| 5 | 2597 | Spruijt Bart            |  | 85 | ESAK | 29'51 |
| 6 | 2691 | Vermeulen Jelle         |  | 94 | AVKA | 31'32 |
| 7 | 3054 | Pantus Dumitru**        |  | 81 | AVKA | 33'18 |
| 8 | 2166 | Peeters Stijn           |  | 94 | ACBR | 35'40 |