



**Zaterdag 15 juni 2019 - 13.00 u**  
**LIERSE LIER**  
*Moerstraat – Schilde / 's Gravenwezel*

Ben M hoog – hockeybal – 600 m  
Ben J hoog – hockeybal – 600 m  
Pup M 60 m – hoog – hockeybal  
Pup J ver – discus – hockeybal – 1000 m  
Min M 80 m – kogel – discus – 1000 m  
Min J ver – kogel – 1000 m  
Cad M ver – kogel – discus – 1000 m  
Cad J ver – kogel – discus – 1000 m



**Zaterdag 7 september 2019 - 13.00 u**  
**KAPE KAPELLEN**  
*Gemeentepark – Bergstraat*

Ben M 60 m – ver – hockeybal – kogel – 4 x 60  
Ben J 60 m – ver – hockeybal – kogel – 4 x 60  
Pup M 60 H – ver – kogel – discus – 4 x 60  
Pup J 60 m – 60 H – hockeybal – discus – 4 x 60  
Min M 60 H – 150 m – ver – discus – 4 x 80  
Min J 80 H – 150 m – hoog – kogel – 4 x 80  
Cad M 80 H – 200 m – hoog – discus – 4 x 100  
Cad J 100 H – 100 m – 200 m – hoog – 4 x 100



**Zaterdag 6 juli 2019 - 13.00 u**  
**ESAK ESSEN**  
*Sportpark Hemelrijk – Moerkantsebaan*

Ben M ver – hockeybal – kogel  
Ben J ver – hockeybal – kogel  
Pup M 60 m – hoog – hockeybal  
Pup J 60 m – hockeybal – discus – 1000 m  
Min M 150 m – hoog – discus – speer  
Min J 80 m – ver – discus – 1000 m  
Cad M 100 m – ver – kogel – 1000 m  
Cad J 100 m – kogel – discus – 1000 m



**Zondag 15 september 2019 - 13.00 u**  
**BVAC BEERSCHOT**  
*Willem Eekelers piste - Kiepark – Antwerpen*

Ben M 60 m – hoog – 600 m  
Ben J 60 m – hoog – 600 m  
Pup M 60 m – hoog – kogel – 1000 m  
Pup J ver – kogel – 1000 m  
Min M 80 m – ver – speer – 1000 m  
Min J 80 m – ver – speer – 1000 m  
Cad M ver – kogel – speer – 1000 m  
Cad J ver – kogel – speer – 1000 m

